



## Meck's Produce CSA

### What is Community Supported Agriculture?

Simply put, a CSA is a group of individuals who have pledged to support a local farm with the grower and members sharing the some of the risks and benefits of food production. CSA members pay before the beginning of the growing season for a share of the anticipated harvest; once harvesting begins, they periodically, generally weekly, receive shares of produce.

### Why Meck's?

Our CSA is designed with the intention of providing participants with a good measure of farm-fresh, high-quality produce each week at a discounted rate. We raise much of our own produce in-season on our 62 acre farm so we can assure you that the produce you receive will be of the highest quality possible. We also source some of our in-season produce from local growers that we know and trust. The contents of each weekly share will be determined solely by Meck's Produce but will offer a variety of different in-season items each week. The variables each week will be partly due to supply, influenced by weather and the changing of seasons. Our goal is to keep the contents of the weekly share changing to encourage you and your family to enjoy fresh produce from our farm each week!

### PICKUP

***All pickups will be at our Farm Market on Beaver Valley Pike on Wednesday and Thursday.*** Choose which day you'd like to be your pickup day for this season on the membership form.

### Season Length (See Membership Form for Pricing)

#### **Complete Season (Best Value)**

Runs 22 weeks from June 1 through October 27

**\*\*\*EARLY REGISTRATION DISCOUNT \*\*\***

- Register and Pay by March 31 to get One Week FREE!  
(valid only w/ Complete Season)

**Summer Season only** -Runs 14 weeks from June 1 through September 1

**Fall Season Only** -Runs 8 weeks from Sept. 7 through October 27

## **Sizing Options** (See Membership Form for Pricing)

**FULL Share** - Designed for household of 3-4+ individuals who cook at home on a regular basis or enjoy a plant based diet.

**SMALL Share** – Designed for a household of 2 or 3 who enjoy cooking or a family trying out CSA for first time.

## **Meck's CSA Add-On Options**

(See Membership Form for Pricing)

(These options are an add-on to the produce CSA. You must purchase a share in the produce CSA in order to purchase any of the add-ons.)

### **Fresh Dessert Add-On**

This share will feature a variety of fresh desserts each week that will be appropriate for the season and compliment the delicious produce of the season. Included in this share will be Fresh baked pies (with fruit from the season when possible), cakes, cookies, loaf cakes, fruit cobbler, and more all prepared in our own bakery.

### **Fresh Baked Breads Add-On**

This share will provide two loaves or packs of fresh baked bread and rolls each week. Several different types of bread will be rotated throughout the duration of the CSA program. All breads are baked fresh on site the morning of your pickup.

### **Local Grass-Fed Beef Share**

Ever consider purchasing a quarter of Grass-Fed Beef but don't have the freezer space? Well this may be the perfect option for you. We have partnered with Myer Springdell Farm to be able to provide the highest quality Grass-Fed Beef raised right here in Southern Lancaster Co. All beef is pasture-raised and without hormones or antibiotics. You will receive the equivalent of a quarter of beef spaced out over our 22 week CSA period. Total weekly offerings will consist of approximately 45% Ground/Patties, 25% Steaks, 20% Roasts, 10% Other Items such as Chip Steak, Short Ribs and Soup Bones. A ¼ beef share is approximately 80lbs total.

**GRASS-FED BEEF SHARE** (Full Season- 22 weeks) = \$725 (approx. 10% discount on retail price)

### **Fresh Cut FLOWER Share**

Add some beauty and color to your weekly produce share with a gorgeous bunch of fresh cut summer flowers grown on our farm including sunflowers, zinnias, asters, celosia, ageratum, salvia, and more. This add on will be available for 7 consecutive weeks during the summer season from July 13 – August 25.