



Meck's Produce CSA

What is Community Supported Agriculture?

Simply put, a CSA is a group of individuals who have pledged to support a local farm with the grower and members sharing the some of the risks and benefits of food production. CSA members pay before the beginning of the growing season for a share of the anticipated harvest; once harvesting begins, they periodically, generally weekly, receive shares of produce.

Why Meck's?

Our CSA is designed with the intention of providing participants with a good measure of farm-fresh, high-quality produce each week at a discounted rate. We raise much of our own produce in-season on our 62 acre farm so we can assure you that the produce you receive will be of the highest quality possible. We also source some of our in-season produce from local growers that we know and trust. The contents of each weekly share will be determined solely by Meck's Produce but will offer a variety of different in-season items each week. The variables each week will be partly due to supply, influenced by weather and the changing of seasons. Our goal is to keep the contents of the weekly share changing to encourage you and your family to enjoy fresh produce from our farm each week!

PICKUP Locations (Choice remains the same for entire season)

-Meck's Farm Market - every Wednesday between 10 AM and 6 PM.

- CSA members will be able to select their own items from our CSA selection display for the week! Shares will not be pre-boxed.

-OR-

-The Lancaster Central Market – every Tuesday between 8AM & 4PM

-Shares will be pre-packed for pickup

***** NEW *****

-Office/Workplace Group delivery – Call or Email to discuss minimum group size requirements and details

Sizing Options

FULL Share - Designed for household of 3-4+ individuals who cook at home on a regular basis or enjoy a plant based diet.

SMALL Share – Designed for a household of 2 or 3 who enjoy cooking or a family trying out CSA for first time.

Season Length

Complete Season (Best Value)

- Runs 22 weeks from June 2 through October 28
*****EARLY REGISTRATION DISCOUNT*****
- Register and Pay by March 14 to get One Week FREE!
(valid only w/ Complete Season)

Summer Season only

- Runs 14 weeks from June 2 through September 2

Fall Season Only

- Runs 8 weeks from September 8 through October 28

SHARE EXAMPLES FROM 2019

June 5, 2019

<u>Small Share</u>			<u>Full Share</u>		
Asparagus	Bunch	1	Asparagus	Bunch	2
Strawberries	Quart	1	Strawberries	Quart	1
Red Potatoes	Quart	1	Red Potatoes	Quart	2
Broccoli	Head	1	Broccoli	Head	2
Green Leaf	Head	1	Green Leaf	Head	1
Green Onions	Bunch	1	Green Onions	Bunch	1
			Sugar Peas	Quart	1

August 21, 2019

<u>Small Share</u>			<u>Full Share</u>		
Sugar Cube Lope	Each	2	Sugar Cube Lope	Each	3
Peaches	Box	1	Peaches	Basket	1
Green Beans	Lb	1	Green Beans	Lb	2
Eggplant	Each	1	Eggplant	Each	2
Tomatoes	Box	1	Tomatoes	Box	1
Sweet Corn	Ears	9	Sweet Corn	Ears	12
			Bibb Lettuce	Head	1

Meck's CSA Add-On Options

(See Membership Form for Pricing)

(These options are an add-on to the produce CSA. You must purchase a share in the produce CSA in order to purchase any of the add-ons.)

Fresh Dessert Add-On

This share will feature a variety of fresh desserts each week that will be appropriate for the season and compliment the delicious produce of the season. Included in this share will be Fresh baked pies (with fruit from the season when possible), cakes, cookies, loaf cakes, fruit cobbler, and more all prepared in our own bakery.

Fresh Baked Breads Add-On

This share will provide two loaves of fresh baked bread each week. Several different types of bread will be rotated throughout the duration of the CSA program. All breads are baked fresh on site the morning of your pickup.

Local Raw Whole Milk Share

This Share will provide you with One Gallon of Raw Whole Milk from Meadow View Jerseys each week. Meadowview Jerseys is a small dairy located in Leola and they are well known for their Non-GMO A2A2 Milk, which, according to some studies, is easier to digest for people who typically experience discomfort with traditional milk.

Local Grass-Fed Beef Share

Ever consider purchasing a quarter of Grass-Fed Beef but don't have the freezer space? Well this may be the perfect option for you. We have partnered with Myer Springdell Farm to be able to provide the highest quality Grass-Fed Beef raised right here in Southern Lancaster Co. All beef is pasture-raised and without hormones or antibiotics. You will receive the equivalent of a quarter of beef spaced out over our 22 week CSA period. Total weekly offerings will consist of approximately 45% Ground/Patties, 25% Steaks, 20% Roasts, 10% Other Items such as Chip Steak, Short Ribs and Soup Bones.

GRASS-FED BEEF SHARE (Full Season- 22 weeks) = \$675 (approx. 15% discount on retail price)

Fresh Cut FLOWER Share

Add some beauty and color to your weekly produce share with a gorgeous bunch of fresh cut summer flowers grown on our farm including sunflowers, zinnias, asters, celosia, ageratum, salvia, and more. This add on will be available for 7 consecutive weeks during the summer season from July 15 – August 26.