



# Meck's Produce CSA

## INFORMATION SHEET

### What is Community Supported Agriculture?

Simply put, a CSA is a group of individuals who have pledged to support a local farm with the grower and members sharing the some of the risks and benefits of food production. CSA members pay before the beginning of the growing season for a share of the anticipated harvest; once harvesting begins, they periodically, generally weekly, receive shares of produce.

### Why Meck's?

Our CSA is designed with the intention of providing participants with a good measure of farm-fresh, high-quality produce each week at a discounted rate. We raise much of our own produce in-season on our 62 acre farm so we can assure you that the produce you receive will be of the highest quality possible. We also source some of our in-season produce from local growers that we know and trust. The contents of each weekly share will be determined solely by Meck's Produce but will offer a variety of different in-season items each week. The variables each week will be partly due to supply, influenced by weather and the changing of seasons. Our goal is to keep the contents of the weekly share changing to encourage you and your family to enjoy fresh produce from our farm each week!

### **PICKUP Locations** (Choice remains the same for entire season)

***-Meck's Farm Market*** -along the Beaver Valley Pike

-every Wednesday between 10:00 AM and 6 PM.

-OR-

***-The Lancaster Central Market*** – every Tuesday between 8AM & 4PM

## 2018 CSA Share Options

**FULL Share** - Designed for family of 3-4+ individuals

**SMALL Share** – Designed for a family of 2-3

### **Complete Season (Best Value)**

- Runs 22 weeks from June 5 through October 31
- Full Share = \$506 (after 3/10/18)
  - **\$483 if paid in full by 3/10/18 - One Week FREE!**
- Small Share = \$330 (after 3/10/18)
  - **\$315 if paid in full by 3/10/18 - One Week FREE!**

### **Summer Season only**

- Runs 14 weeks from June 6 through September 5
- Full Share = \$330
- Small Share = \$215

### **Fall Season Only**

- Runs 8 weeks from September 11 through October 31
- Full Share = \$189
- Small Share = \$123

**\*\*\*\* NEW \*\*\*\***

### **Local Grass-Fed Beef Share**

Ever consider purchasing a quarter of Grass-Fed Beef but don't have the freezer space? Well this may be the perfect option for you. We have partnered with Myer Springdell Farm to be able to provide the highest quality Grass-Fed Beef raised right here in Southern Lancaster Co. All beef is pasture-raised and without hormones or antibiotics. You will receive the equivalent of a quarter of beef spaced out over our 22 week CSA period. Total weekly offerings will consist of approximately 45% Ground/Patties, 25% Steaks, 20% Roasts, 10% Other Items such as Chip Steak, Short Ribs and Soup Bones.

GRASS-FED BEEF SHARE (Full Season- 22 weeks) = \$700 (approx. 15% discount on retail price)

## **Meck's CSA Add-On Options**

(These options are an add-on to the produce CSA. You must purchase a share in the produce CSA in order to purchase any of the add-ons. Add-on options *Only Available for Farm Market Pickup*)

### **Fresh Dessert Add-On**

This share will feature a variety of fresh desserts each week that will be appropriate for the season and compliment the delicious produce of the season. Included in this share will be Fresh baked pies (with fruit from the season when possible), cakes, cookies, loaf cakes, fruit cobbler, and more all prepared in our own bakery.

Complete Season - \$165

Summer Season only - \$110

Fall Season only - \$60

### **Fresh Baked Breads Add-On**

This share will provide two loaves of fresh baked bread each week. Several different types of bread will be rotated throughout the duration of the CSA program. All breads are baked fresh on site the morning of your pickup.

Complete Season - \$132

Summer Season only - \$85

Fall Season only - \$50

**\*\*\*\*NEW\*\*\*\***

### **LOCAL RAW MILK CHEESE Add-On**

*Cheese Lovers, this one's for you!!*

This share will provide you with two 8oz. blocks of mouth-watering cheeses made with raw, unprocessed milk from Country View Creamery just across the river in York County. We're sure your family will enjoy what Country View has to offer with their many flavors of Cheddar, Jack, Colby, Swiss, and Gouda cheeses.

Complete Season - \$154

Summer Season only - \$98

Fall Season only - \$56

**What might a share consist of?** Here are some example shares:

## Early Summer

### Full Share

2 Heads Broccoli

1 Bunch Kale

1 Qt Peaches

2 Lb. Green Beans

1 Qt Sweet Cherries

1 Bunch Golden Beets

1 Head Bibb Lettuce

3 Cucumbers

### Small Share

1 Head Broccoli

1 Bunch Kale

1 Quart Peaches

1 Lb Green Beans

1 Qt Sweet Cherries

## Mid-Summer

### Full Share

1 Qt Golden Grape Tomatoes

2 Quart Lima Beans

12 Sweet Corn

1 Cantaloupe

1 Box Plum Tomatoes

1 Qt White Peaches

3 Sweet Onions

6 Squash

1 Box Beets

### Small Share

1 Qt Golden Grape Tomatoes

1 Quart Lima Beans

6 Sweet Corn

1 Cantaloupe

1 box Plum Tomatoes

3 Sweet Onions

2 Squash

## Fall

### Full Share

1 Bunch Leeks

2 Butternut Squash

Potatoes

Jonagold Apples

6 Zucchini

Cherry Tomatoes

Green Beans

### Small Share

1 Bunch Leeks

1 Butternut Squash

Potatoes

Jonagold Apples

3 Zucchini

Green Beans